

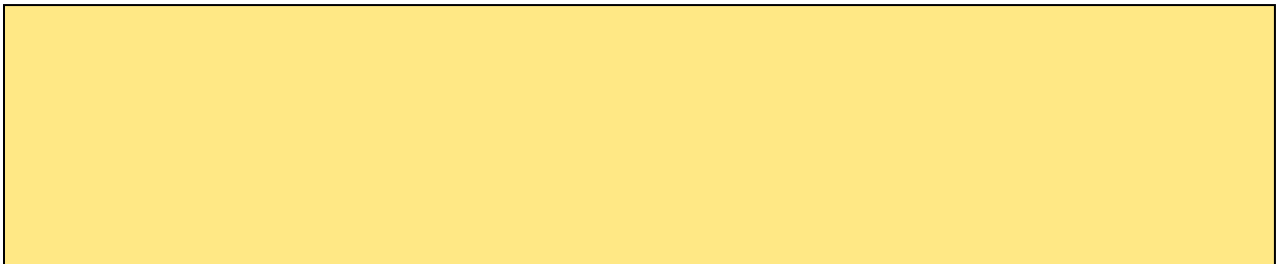
**College of Health & Human Services  
School of Kinesiology, Counseling, and  
Rehabilitative Sciences**

**COU 693-001 – School Counseling Practicum (3 CR)  
Spring 2020  
Tuesdays, 4:30 - 6:00 p.m.  
MEP 342**

**Instructor:** Dorea Glance, Ph.D.

**Specific Course Objectives Include:**

1. Demonstrate effective counseling by developing skills in which students:
  - develop & maintain therapeutic relationships
  - accurately listen/attend and demonstrate your understanding to your clients
  - experience and express genuine, accurate, deep empathy, and deeply felt unconditional positive regard
  - understand and use interpersonal counseling process to facilitate client change
  - facilitate client self-awareness, self-responsibility and personal growth
  - understand clients in the key contexts of their lives (current situations, cultures)
  - explain and assist individual clients' understandings of how they may use counseling/a therapeutic relationship
  - apply understanding of legal and ethical considerations in counseling practice
  - maintain adequate clinical counseling records
  - develop the necessary self-awareness (e. g., personal issues, attitudes and behaviors based on such factors as race/ethnicity, gender and sexual orientation) to be effective as a beginning counselor
  - develop sensitivity to diversity issues (e. g., race/ethnicity, gender and sexual orientation) that impact your clients and counseling relationships
  - guide all counselor actions with intent to form therapeutic relationships that emphasize genuine, deep empathy and unconditional positive regard, while remembering that developing yourself to provide effective counseling relationships includes maintaining an



**Academic Requirements:**

**1) Class Attendance & Participation:** Students are responsible for the activity and direction of th



## Clinical Requirements:

1. **Fieldwork:** The specific nature of students' counseling activity depends upon the nature of their field placement. Due to their early stage of training, these counseling hours may include co-counseling with an experienced staff counselor at the field placement site.

**To participate in fieldwork, students must complete Positive Behavior Intervention & Supports (PBIS) Training**, as well as any other site-mandated trainings. To do so, visit:  
<https://inside.nku.edu/coehs/departments/teachered/undergraduate/PBISTraining.html>

2. **Supervision:**

- a. Individual Supervision: Each student shall receive approximately 15 hours of individual/triadic supervision with a designated Practicum Supervisor.

Group Supervision: Students shall participate in a minimum of one and one-half hours of group supervision per week during the Practicum class session.

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**NOTE: Missing *either* supervision session will ( t)-1P0 Tde(r)-49nit-2 (i ( t)-1)10.6 (it-2 (i)3.7pd3.7(er)3.7 s39mow 1**

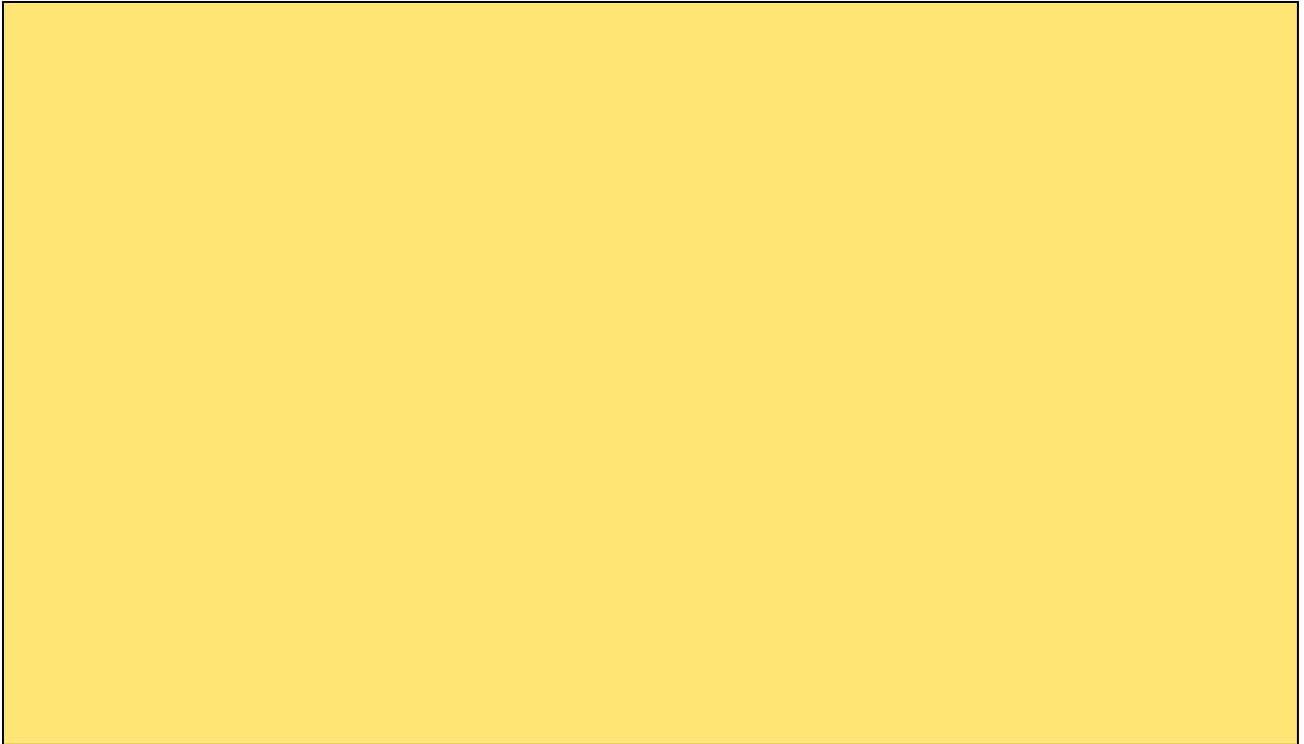
**Guidelines to Assure Client Confidentiality**

Students must provide obtain the informed consent from the client (or client's guardian), including authorization for recording and/or discussion of counseling sessions.

Students must always use pseudonyms and make sure that no revealing information is exposed during presentations, in write-ups or recordings. Unless otherwise specified, recorded information is to be erased after presentation and/or transcription.

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With that in mind, students are expected to demonstrate personal integrity and a commitment to professional development throughout their Practicum experience. They are expected to conduct themselves in an ethical and



**Counseling Skills Expectations:**

Practicum students are expected to demonstrate competency in several skill areas including: use of open and closed questions, paraphrasing, reflecting feeling, summarizing, empathy, confrontation, silence, reflection of meaning, and goal setting. In addition, students are expected to successfully present recorded sessions that demonstrate the counselor's ability to utilize the listed skills in a

. Students must also exhibit the ability to structure a counseling session from beginning to end, including obtaining necessary information while keeping personal agendas, values, and issues out of counseling sessions. **Inability to consistently demonstrate counseling skills may result in failure of the course, inability to continue to Internship (COU 691 or 692), and/or the development of a Professional Development Plan.**

**Course Grading & Student Performance Criteria**

Evaluation is based upon completion of required assignments, as well as your instructor's and supervisors' evaluations of your counseling skills and professionalism, which will be completed at the conclusion of the semester. The following grading scale will be utilized for final grades. Assignments will be given grades reflecting these criteria.



**Credit Hour Policy Statement**

In accordance with federal policy, NKU defines a credit hour as the amount of work represented in the achievement of student learning outcomes (verified by evidence of student achievement) that reasonably approximates one hour (50 minutes) of classroom instruction and a minimum of two hours of out-of-class student work. For every course credit hour, a typical student should expect to spend at least three hours per week of concentrated attention on course-related work including, but not limi





**Knowledge and Skill Outcomes:**

*CACREP 2016 Standards*

**Student Evaluation of Instructor and Course**

NKU takes instructor and course evaluations very seriously. They are an important means of gathering information about instructors and courses, information that will be used to enhance student-learning opportunities. As such, NKU asks its students to participate responsibly in the instructor and course