

COU 674: Crisis Counseling & Crisis Intervention

Course Assignments Point Breakdown

Total	400 pts
Crisis Narrative	= 150pts
Group Interview	= 100 pts
Movie Paper	= 100 pts
Weekly Discussion Boards	= 50pts

University Grading Scale

- A: <u>93.00-100.00</u>
- A-: <u>90-92.99</u>
- **B**+: <u>87-89.99</u>
- **B**: <u>83-86.99</u>
- **B-**: <u>80-82.99</u>
- C+: <u>77-79.99</u>
- C: <u>73-76.99</u>
- **F**: <u>0-72.99</u>

Submission of Assignments

Submission dates are identified on the assignment description below, and on the course schedule. Submissions will be received no later than 11:59 pm EST on the date noted. Any assignments received later will not be graded. Students should consult wieivee

Confidentiality and Ethics

Because personal information may be shared during class sessions, it is understood that all students will adhere to an ethical policy of confidentiality. What others (i.e., students, speakers) share in class is not to be discussed outside of class. Breaking the confidentiality of anyone involved in this course will be considered a serious violation of academic/ professional integrity.

Credit Hour Policy Statement

In accordance with federal policy, NKU defines a credit hour as the amount of work represented in the achievement of student learning outcomes (verified by evidence of student achievement) that reasonably approximates one hour (50 minutes) of classroom instruction and a minimum of two hours of out-of-class student work. For every course credit hour, a typical student should expect to spend at least three hours per week of concentrated attention on course-related work including, but not limited to, class meeting time, reading, reviewing, organizing notes, studying and completing assignments. At least an equivalent amount of time is expected for other academic activities such as online courses, laboratory work, internships, practica, studio work and other academic work leading to the award of credit hours. Estimates of the time required for a student to complete this course are:

> Class Attendance (5.5 hrs/wk x 5 wks) = 27.5 Hours Readings (10 hrs/wk x 5 wks) = 50.0 Hours Easter Egg assignments (1 hr/wk x 5 wks) =5.0 Hours Movie Paper = 8.0 Hours Crisis Interview = 25.0 Hours <u>Crisis Narrative = 40.0 Hours</u> Total = 155.5 Hours

Mission

The College of Education and Human Services plays an important leadership role and collaborates with others in the creation, dissemination, and application of knowledge and research that enhances professional practice and transforms lives, schools, and communities

Vision

The College of Education and Human Services aspires to be known throughout the Commonwealth of Kentucky and region at large as the leader in providing opportunities for engaged learning and applied scholarship that fosters individual growth and collective success.

Kentucky Core Academic Standards (KCAS)

Preparation of Kentucky's students for the demands of the 21st century requires districts and schools to prepare every student for successful transition to be College and Career Ready. The Kentucky Core Academic Standards help ensure that all students throughout Kentucky are provided with common content and have opportunities to learn at high levels. As education candidates complete and implement projects and assignments throughout their education programs at NKU, they will incorporate the components of the Kentucky Core Academic Standards.

Tentative Course Schedule

Tentative Course Schedule:

Week One

May 24 (Recording)

• Topic

June 14 (Recording – Video available online)

- Topic: Considering diagnosis
 Readings due: Chapters 8 & 9
- Assignments due

Knowledge & Skill Outcomes

CACREP 2016 Standards

Standards evaluated in connection with CACREP Key Objective Assessments are in bold.

Students will be able to:	CACREP ¹	Content Coverage	Class Assignments
Understand the history and philosophy of the counseling profession and its specialty areas	2.F.1.a.	Lecture notes; Echterling, Chapter 1, 2	EE reflection activity discussions
Understand the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation	2.F.1.b.	Lecture Notes; Echterling Ch 3, 6, 8, 10; Psychological First Aid (PFA) Field Operations Guide, Core Actions 1-8; Skills for Psychological Recovery (SPR) Field Operations Guide Core Skills 1-6	Activities & discussions, EE reflection assignment
Understand counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams	2.F.1.c.	Lecture Notes; PFA Core Actions 1-8; SPR Core Skills 1-6; Ecterling Ch 1, 6, 8, 10	Movie paper 2, Crisis Interview, activities & discussions
Demonstrate understanding of ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling	2.F.1.i	Cori, Chapter 6; Herman, Chapter 7; PFA Overview, Core Actions 1-8; SPR Delivery Considerations, Core Skills 1-6; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers
Demonstrate strategies for personal and professional self-evaluation and implications for practice	2.F.1.k	Lecture notes; PFA Psychological First Aid Survivor Care	Crisis Narrative, Movie Papers
Identify self-care strategies appropriate to the counselor role	2.F.1.1	Lecture notes; PFA Psychological First Aid Survivor Care; Echterling Ch. 10	Crisis Interview, Crisis Narrative, EE reflection assignment
Identify and demonstrate multicultural counseling competencies Understand the impact of heritage.	2.F.2.c	Echterling Ch 1, 3, 4, 8; PFA Core Actions 1-2, 6; SPR Core Skills 1, 6; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers

Understand the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an

Recognize the impact of spiritual beliefs on clients' and counselors' worldviews	2.F.2.g	Echterling Ch 1; PFA Core Actions 1-4, 6, 8; SPR Core Skills 3, 6; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers, EE reflection activity
Identify biological, neurological, and physiological factors that affect human development, functioning, and behavior	2.F.3.e	Echterling Ch 1, 5; PFA Core Actions 2-4; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers
Understand the systemic and environmental factors that affect human development, functioning, and behavior Recognize the effects of crisis, disasters, and trauma on diverse individuals across the lifespan	2.F.3.f	Echterling Ch 1, 8, 9; PFA Core Actions 1-4; SPR Core Skills 1, 4; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers

Examine processes for aiding students in developing a personal model of counseling	2.F.5.n.	Echterling Ch 2, 3, 4; PFA Core Actions 1-8; SPR Core Skills 1-6; Lecture Notes	Activities and discussions
Understand procedures for assessing risk of aggression or danger to others, self-inflicted harm, or suicide	2.F.7.c.	Lecture notes; PFA Core Actions 2, 3; SPR Core Skills 1, 4 Echterling Ch 7	Activities and discussions
Recognize procedures for identifying trauma and abuse and for reporting abuse	2.F.7.d.	Lecture notes; PFA Core Actions 2, 3; SPR Core Skills 1, 4; Cori, 2008	Activities and discussions
Demonstrate the use of environmental assessments and systematic behavioral observations	2.F.7.j	Herman, 2015; PFA Core Actions 1-2, 6; SPR Core Skills 1, 6; Lecture Notes	Activities
Identify evidence-based counseling practices	2.F.8.b.	Echterling Ch 2, 4; PFA Core Actions 1-8; SPR Core Skills 1-6; Lecture Notes	Activities and discussions
Understand theories and models related to clinical mental health counseling	5.C.1.b.	Echterling Ch 2, 3, 4; PFA Core Actions 1-8; SPR Core Skills 1-6; Lecture Notes	Crisis Interview, Crisis Narrative, Movie Papers
Recognize potential for substance use disorders to mimic and/or co-occur with a variety of neurological, medical, and psychological disorders	5.C.2.e	Echterling Ch 5; PFA Core Actions 1-4; SPR Core Skills 4; Lecture Notes	Activities and discussions